Sparrow Farm
PRIMARY SCHOOL
Shaping the future

Whole School Overview
Physical Education (PE)

Nursery - Year 6

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Fundamentals	Fundamentals	Introduction to PE: Unit 1	Fundamentals: Unit 1	Dance: Unit 1	Ball skills: Unit 1
Reception	Fundamentals	Fundamentals	Introduction to PE: Unit 2	Fundamentals: Unit 2	Dance: Unit 2	Ball Skills: Unit 2
Year 1	Fundamentals Y1	Gymnastics	Dance	Fitness	Athletics	Team building
	Ball Skills	Sending and receiving	Target Games	Invasion	Net and Wall	Striking and fielding
Year 2	Fundamentals Y2	Gymnastics	Dance	Fitness	Athletics	Team Building
	Ball Skills	Sending and receiving	Target Games	Invasions	Net and Wall	Striking and fielding
Year 3	Ball Skills	Gymnastics	Dance	Hockey	Athletics	OAA
	Yoga	Fundamentals	Handball	Netball	Tennis	Dodgeball
Year 4	Fitness (Swimming)	Gymnastics (Swimming)	Dance (Swimming)	Fitness (Swimming)	Gymnastics (Swimming)	Dance (Swimming)
	Basketball	Hockey	Tag Rugby	OAA	Athletics	Rounders
Year 5	Yoga	Gymnastics	Dance	Handball	Athletics	OAA
	Hockey	Netball	Volleyball	Golf	Tennis	Dodgeball
Year 6	Fitness	Gymnastics	Dance	Tag Rugby	Athletics	OAA
	Basketball	Football	Badminton	Cricket	Tennis	Rounders